

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>	<u>SUNDAY</u>
	<b>HAPPY BIRTHDAY</b> - Jessie J. - William S. - Carol B. - David L. - Ines R. - Ken M. - Maria L. - Wendy K. - Judy B. - Branka K. - Jelena R.	1 <sup>st</sup> 10:30 Baptist Service & Morning Tea 1:30 Art & Craft 2:30 House 5 – Seated Exercises with Physio	2 <sup>nd</sup> 10:00 Music Appreciation & Singalong (With Narwee Active Kids) 1:30 Upright Fitness & Afternoon Tea 3:30 HBA – Puzzles & Memory Games	3 <sup>rd</sup> 10:30 Bingo 12:45 Roselands Shopping Trip 2:30 House 7 – Seated Exercises with Physio	4 <sup>th</sup> 10:30 Walking Group 1:00 Movie Time 3:30 Current Affairs & Afternoon Tea	5 <sup>th</sup> Cinco De Mayo 
6 <sup>th</sup> 10:30 Armchair Travel - Mexico 1:30 Men`s Group (Basketball Games) 3:30 HBA – Newspaper Reading	7 <sup>th</sup> 10:30 Geography Games 1:30 Basketball Games & Afternoon Tea 3:30 HBA – Table Games	8 <sup>th</sup> 10:30 Bingo 1:30 Art & Craft 2:30 House 5 – Seated Exercises with Physio	9 <sup>th</sup> 10:30 Upright Fitness & Morning Tea 1:30 International Nurses Day Happy Hour 3:30 HBA – Puzzles & Memory Games	10 <sup>th</sup> 10:30 Mother`s Day High Tea 1:30 Hand Massage & Aromatherapy 2:30 House 7 – Seated Exercises with Physio	11 <sup>th</sup> International Nurses Day 	12 <sup>th</sup> Mother`s Day 
13 <sup>th</sup> 10:30 Bingo 1:30 Tai Chi & Afternoon Tea 3:30 HBA – Newspaper Reading	14 <sup>th</sup> 10:30 Catholic Service & Morning Tea 1:30 Café Day & Brendon Fit Talk 3:30 HBA – Table Games	15 <sup>th</sup> 10:30 House 1,5 & 6 Meeting 1:00 House 2, 3 & 4 Meeting 2:00 House 7 Meeting 2:30 House 5 – Seated Exercises with Physio	16 <sup>th</sup> 10:30 Art & Craft 1:30 Upright Fitness & Afternoon Tea 3:30 HBA – Puzzles & Memory Games	17 <sup>th</sup> 11:00 Lunch at Club Central Menai 2:30 House 7 – Seated Exercises with Physio 	18 <sup>th</sup> 10:30 Walking Group 1:00 Movie Time 3:30 Current Affairs & Afternoon Tea	19 <sup>th</sup> 
20 <sup>th</sup> 10:30 Zumba Fitness & Afternoon Tea 1:30 Men`s Group (Snooker) 3:30 HBA – Newspaper Reading	21 <sup>st</sup> 10:30 Memory Lane & Morning Tea 1:30 Park Walk & Afternoon Tea 3:30 HBA – Table Games	22 <sup>nd</sup> LEIGH PLACE MINI MAY MARKETS FROM 10AM to 3PM 	23 <sup>rd</sup> 10:30 Upright Fitness & Afternoon Tea 1:30 Art & Craft 3:30 HBA – Puzzles & Memory Games	24 <sup>th</sup> 10:30 Three Pugs Show 1:30 Bingo 2:30 House 7 – Seated Exercises with Physio	25 <sup>th</sup> 10:30 Walking Group 1:00 Movie Time 3:30 Current Affairs & Afternoon Tea	26 <sup>th</sup> 
27 <sup>th</sup> 10:30 Bible Studies 1:30 Resident to Resident Visit 3:30 HBA – Newspaper Reading	28 <sup>th</sup> 10:00 Café Day with BHN Students 1:30 Art & Craft 2:30 Foodie Group 3:30 HBA – Table Games	29 <sup>th</sup> 10:30 Bingo 1:30 Indoor Volleyball 2:30 House 5 – Seated Exercises with Physio	30 <sup>th</sup> 10:30 Upright Fitness & Afternoon Tea 1:30 Gardening 3:30 HBA – Puzzles & Memory Games	31 <sup>st</sup> 12:00 Monthly BBQ 2:30 House 7 – Seated Exercises with Physio 	<u>PODIATRIST</u> 02/05/24 16/05/24 30/05/24 <u>AUDIOLOGIST</u> 07/05/24 <u>BEAUTICIAN</u> 08/05/24 <u>LIBRARY</u> 16/05/24	<b>Autumn</b> Average High Temperature 20°C. Average Low Temperature 12°C

HBA = House Based Activities (To be run in the houses by care staff).  
Weekend activities are available with care staff as individual visits and small group activities.  
For more information, email [charsas@leighplace.com.au](mailto:charsas@leighplace.com.au) or call 02 85225800.

